




# ISTEC Lisbon Student Athlete Statute Regulation



SGQ-REG-27 R1 - 0520



## **ISTEC's Student Athlete Statute Regulation**

### **Article 1**

#### **Object**

The present regulation defines the status of ISTEC's student athlete - Instituto Superior de Tecnologias Avançadas, in accordance with the legal status established in Decree-Law No. 55/2019, of April 24.

### **Article 2**

#### **Conditions of eligibility**

1. Students enrolled in a higher education course at ISTEC - Instituto Superior de Tecnologias Avançadas and who cumulatively meet the following conditions of eligibility will benefit from the Student Athlete Statute (Statute):
  - a. Participate in championships and competitions;
  - b. Meet the requirements of sporting merit;
  - c. Obtain a minimum academic record.
2. It is the Secretary-General's responsibility to verify the conditions of eligibility regarding the participation in championships and the achievement of sports merit, in close articulation with the Academic Services, regarding the students' academic performance.

### **Article 3**

#### **Student Athlete Status for those enrolled for the first time in a study cycle**

1. Students enrolled for the first time in a study cycle will benefit from the student athlete status:
  - a. In the case of athletes federated in the year prior to enrollment prove:
    - i. Effective participation in 60% of matches and 75% of training sessions of a sports activity affiliated to a federation covered by Decree-Law nr. 248-B/2008, dated December 31st;
    - ii. Participation, in the case of individual sports affiliated to a federation covered by Decree-Law no. 248-B/2008, of December 31, in at least 60% of the competitions disputed and organized, with due proof of attendance by the respective federation, and classification in the first third of the league tables of the same;
    - iii. Have belonged to regional and national teams of the sport practiced and affiliated to a federation covered by Decree-Law no. 248-B/2008, of December 31.
  - b. In the case of participation in national school championships, in the year prior to enrollment prove:
    - i. Have obtained a classification in the first third of the league tables of the national championship of the individual sport federation covered by Decree-Law 248-B/2008, December 31;
    - ii. Have participated as a Portuguese representative in official international school championships.
2. Students enrolled in the first year of a study cycle who, in the first thirty days of the second academic semester, prove that they are eligible for the student athlete status:
  - a. Participação nos campeonatos nacionais universitários em pelo menos 60 % dos jogos ou provas realizadas desde o início do ano letivo; Participação, no mínimo, em 75 % dos treinos, ou em 25 %, caso sejam atletas federados, em equipas representativas da Associação de Estudantes do ISTEC desde que se realize pelo menos um treino semanal, com exceção do período de férias ou de exames.

#### **Article 4**

##### Student Athlete Status under article 3 of Decree-Law 55/2019

1. Students who participate in regional championships or other qualifying competitions for national university championships will benefit from the status of student athlete, provided that they can prove that:
  - a. Participation in at least 60% of the games or tests held since the beginning of the school year;
  - b. Participation in at least 75% of the training sessions, or 25% in case of federated athletes, in teams representing ISTECS Student Association, as long as at least one training session is held per week, except during vacations or exams.
2. Benefiting from the status of student athlete are the federated athletes who prove:
  - a. Effective participation in 60% of games and 75% of training sessions of a sports activity affiliated to a federation covered by Decree-Law nr 248-B/2008, dated December 31st, during the school year when the formal request is submitted;
  - b. Participation, in the case of individual sports affiliated to a federation covered by Decree-Law no. 248-B/2008, of December 31, in at least 60% of the competitions played and organized by the respective federation, and classifications in the first third of the league table of the same in the school year of submission of the formal request.
3. Student athletes participating in individual sports may apply for student athlete status as long as they are ranked in the first third of the league table of university championships and competitions.

#### **Article 5**

##### Application and other documentation

1. The student athlete status is requested by the interested party to the Secretary General within thirty days after enrollment or, in the case of competitions organized by the Academic Federation of University Sport (FADU), within fifteen days after the event.
2. The application referred to in the previous number is made on a specific model provided by the Academic Services of ISTECS.
3. Applicants must submit documentation proving that they are covered by the situations established in articles 3 or 4, depending on the respective status that applies to them.
4. Students applying for the status of student athlete under the federated regime must submit to the Secretary-General a document certified by the Federation or District Association where the club in which they practice the sport is affiliated.
5. The students who request the status of student athlete under the participation in school national championships must submit to the Secretary-General a document certified by the school or grouping of schools they represented.
6. Students enrolled for the first time in a study cycle and who fall under items i) and ii) of sub-paragraph a) of number 1 of article 3, who suffer an injury must present the respective proof and record of the student's sports history as long as they are part of a federation covered by Decree-Law 248-B/2008, of December 31.
7. Students who request the status of student athlete for participation in events organized by FADU must provide evidence of the sport and the events in which they participated.

#### **Article 6**

##### Statute Validation

1. The student athlete status is granted by order of ISTECS Secretary-General or a member of the Board of Directors expressly designated for that purpose.
2. The Secretary-General, the Academic Services and the Course Director/Coordinator in which the student athlete attends the study cycle are informed in writing of the attribution of this status, in order to operationalize the attribution of the Statute.

**Article 7**  
Rights and Duties

1. In addition to the rights enshrined in article 7 of Decree-Law no. 55/2019, of April 24, ISTEC student athletes also have the right to:
  - a. Postpone, within a period never exceeding 10 working days, and in accordance with the applicable regulatory standards, the assessment moment, if its date coincides with the days of the sports tests or travel days, being up to the teacher of the curricular unit the decision of compensation and the respective terms;
  - b. Postpone, up to five working days, the completion or presentation of a work if its date coincides with the days of the sports exams or travel days, being the teacher of the curricular unit responsible for the compensation decision and the respective terms;
  - c. It is up to the student to provide evidence of participation in sports competitions, as well as of the respective travel, and deliver such evidence to the Academic Services with a copy to the teacher(s) of the curricular unit(s) in which he intends to see the fulfillment of points a) and b) of this number.
2. The duties of ISTEC's student athletes are:
  - a. Observe the provisions of the applicable legal and regulatory norms;
  - b. Develop in an exemplary manner the practice of sports, in compliance with the sporting rules and ethics established in each modality;
  - c. Defend and respect the image and credibility of ISTEC;
  - d. Justify absences from training and competitions, for which they were expressly summoned at least 24 hours before the respective event and so that the necessary measures may be taken;
  - e. Have an updated and valid sports medical examination for the practice of sports;
  - f. Return the value of the expenses incurred when missing competitions without a duly justified reason;
  - g. Comply with the norms of the various ISTEC Regulations;
  - h. Respect the ISTEC Code of Conduct.
3. Illness and injury proven by medical certificate, as well as other reasons of manifest force majeure, without prejudice to express proof by a qualified entity, shall be justified absences.
4. In case the student athlete is forced to interrupt his or her activity due to an injury, resulting from the university sports practice and duly proven by medical certificate, he or she will continue to benefit from the present statute in that school year.

**Article 8**  
Attendance control

1. It is the responsibility of the student, with student athlete status, to inform the General Secretary of the schedule and calendar of competitions and training, as well as the students involved.
2. It is the Secretary-General's responsibility to audit the process related to attendance control, as well as all the activities assigned to him under the present Regulation, in order to assess the respective compliance.
3. Without prejudice to the monitoring to be carried out by the Secretary General, under the terms of the previous number, attendance control at training sessions and official competitions shall be carried out through attendance statements issued by the respective coaches.

**Article 9**  
Termination of rights

1. The rights enshrined in the present Regulations shall cease immediately whenever, in a proven manner and with prior hearing of the student, under the applicable legal terms, the student athlete:
  - a. Demonstrates behaviors that do not dignify the image and credibility of ISTEC;
  - b. Unjustifiably misses more than 25% of the training sessions that are scheduled under the conditions previously determined;
  - c. Unjustifiably misses a competition for which he/she has been expressly summoned;
  - d. Quits the regular practice of the sport;

- e. Does not perform well in school under the terms established in Decree-Law no. 55/2019, of April 24;
- f. Does not comply with ISTECS Code of Conduct.

Whenever any of the situations foreseen in sub-paragraphs a) to d) in the previous number is verified, the Secretary-General shall draw up a report within ten working days.

**Article 10**  
Duration

The student athlete benefits from the status conferred by the present Regulation until the end of the special examination season of the academic year in which it was awarded.

**Article 11**  
Supervision of compliance with the Regulation and the Statute

It is the Secretary-General's responsibility, in articulation with the Course Directors and Coordinators or the bodies or services with delegated competence, and the Students' Association, to define the mechanisms to supervise the compliance with this regulation, and to monitor the institutional application of the Statute of Student-Athlete in ISTECS higher education.

**Article 12**  
Missing Cases

The cases not covered by the present regulation and the doubts of interpretation about it will be solved by the ISTECS Secretary-General, after hearing, whenever the nature of the issues so determines, the Pedagogical Council and the Scientific-Technical Council.

**Article 13**  
Entry into force

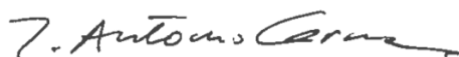
This regulation comes into force the day after its publication on ISTECS website ([www.istec.pt](http://www.istec.pt)) and in the other usual places.

Approved at the Scientific-Technical Council meeting on May 27, 2020



(Presidente do STC: Pedro Ramos Brandão)

Homologated by the Director of the Instituto Superior de Tecnologias Avançadas de Lisboa on May 28th, 2020



(Director of ISTECS Lisbon: José António da Silva Carriço)